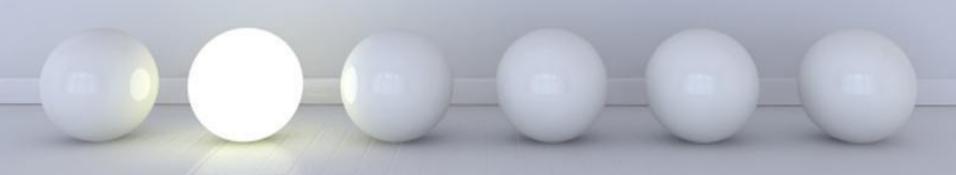
Building a Foundation for Launching Vitalize 360







What is Vitalize 360?

- Senior coaching model
- Member drives the development of a personal Vitality Plan
- Older adult activation is a cornerstone
- Uses the current assessment system
- Transforms the role of the IDT
- Orchard Cove pilot -- positive preliminary results





Organization Readiness

- Getting Ready for the Journey
- Operational Design
 - ✓ Staffing
 - ✓ Organization of coaching work
 - ✓ IDT
 - ✓ Administration/Leadership
 - ✓ Other Stakeholders
- Ongoing Program Evaluation





Organization Readiness

- Program staffing and coaching role
- Organization of coaching assessment conversations
- Interdisciplinary Team (IDT) development
- Educate administration/leadership
- o Identify and educate additional stakeholders
- Educate and involve older adults
- Review technology requirements and existing data information systems



Visioning Vitalize 360 in Your Community





What's Worth Knowing About?

- Program saturation
- Outside services used
- Risk for sentinel events or to independence
- Loneliness, pain, stress
- Satisfaction with health, fitness, community life
- Self-rated health



