



# COLLAGE at Whitney Center

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# COLLAGE Data

## Directs Programs

- Pin points needs of the community
- Measures results
- Resident-driven
- Goal-directed

## Connects People

- Initiates and maintains conversation
- Makes services provided personal and data-based
- Links staff across departments



# Specific Outcomes for Our Community

- Identifies needs in the community
- Program development
- Expansion of services and education
- Increased referrals to services
- Creation and strengthening of bonds



# Needs Identified through COLLAGE Conversations

- “Balance Training”
- Depression, anxiety
- Incontinence
- Dehydration
- Memory enhancement
- Pain management and/or support
- Environmental issues



# Program Development Supported by Assessment Data

- Balance classes and balance video project
- Targeted wellness education via lecture series: Incontinence, Exercise, and Aging Brain
- “Moving to Music”



# Program Development Supported by Assessment Data (cont')

- On-site resource for mental health support services
- “Health and Wellness Fair”
- Wellness tips on public monitor and weekly newsletter



# How Assessment Data Has Impacted Operations

- More immediate response to articulated needs
- Increased communication and awareness
- Better utilization of support services
- Better responsiveness and accountability to individual residents



# Impact on Individuals

- Resident feels valued and more committed to health and wellness
- Staff is rededicated to providing improved programs and services
- Resident leaves with a healthy aging action plan







# Impact on Individuals (cont')

- Resident/staff relationships are cultivated leading to increased opportunities for meeting healthy aging needs and interests