

Targeting Organization Programming with COLLAGE



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Orchard Cove, Hebrew Senior Life

Canton, Massachusetts



Orchard Cove
Hebrew SeniorLife

COLLAGE Assessment Data

- Health Questions

- Interests
- Activities
- Health Issues

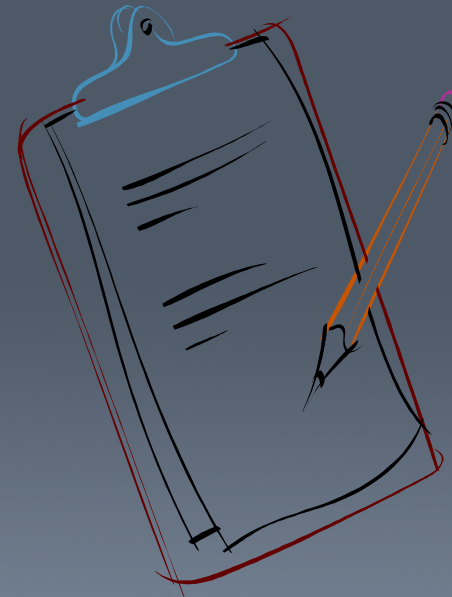


- Surrounding Health Conversation

- Likes
- Needs
- Wishes

COLLAGE Assessment Data (cont')

- Emotional Health
 - Grieving
 - Lonely
- Medical Health
 - Top Ten Diagnoses
- Psychological Health
 - Depression
 - Anxiety



Tracking and Measuring

- Formal: COLLAGE Reports
 - JasperServer
- Informal: Coach Tabulation
 - Track Indicated Programs
 - Track Named Activities



Program Development

- Self Management Programs
 - *My Life, My Health*
- Evidence-based Programs
 - *Healthy Eating*
 - *Matter of Balance*
- Support Groups
 - *Low Vision*
 - *Care Giving*
 - *Bereavement*



Program Development (cont')



Social Activities:

- Coffee Klatch 5 days per week
- Chorus resumed with 2 performances annually
- Croquet, not Bocce
- Memoir Writing, not Genealogy
- Weekend Trips to Beaches, Farms,
Vineyards, Cultural Events

Program Development (cont')

- Special Presentations
 - “Eye Care As We Age”
 - “What Every Man Should Know About His Overall Health”
 - “You and Your Back”
 - “Cardiac Wellness as We Age”



Tracking Program Selection, Recruitment and Participation

COLLAGE

Wellness

CHA

Excel

Referrals

Attendance

Wish List

Recommendations from residents

Rolodex Listing for future participation



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Tracking Program Selection, Recruitment and Participation (cont')

Director of Member Services:

- Assembles team of interested residents
- Interviews possible facilitators/teachers
- Contract is signed
- Selects time and date, places on calendar
- Reports successes
- Lists opportunities in future



Tracking Program Selection, Recruitment and Participation (cont')

Staff is Trained

- Evidence Based Programs
- Self Management Programs



Residents having gone through COLLAGE
notified

Facilitators shared across organization



- We are confident our residents are being given proactive health care and resident-favored programming to make their lives healthy and meaningful.