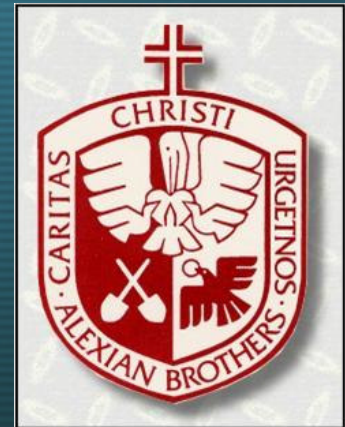
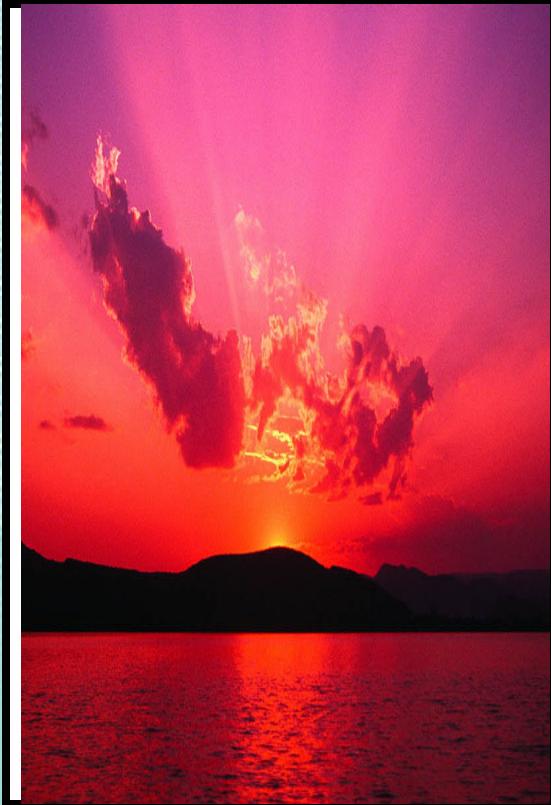


Using Cognitive Performance Scores for program development

Alexian Village of Milwaukee



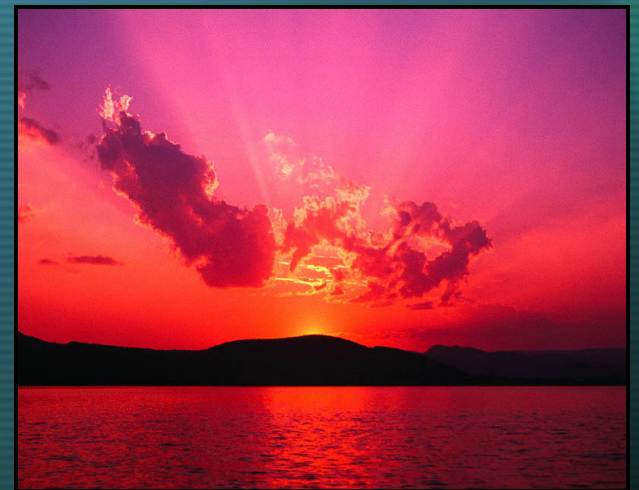
Covered Bridge Club



- **Target population:** Independent yet vulnerable residents with mild memory loss and or isolation and socialization challenges.
- **Goals of the club:** Stimulate and support individuals by establishing interpersonal relationships through the establishment of rapport, friendships, in a small group setting
- **Expected outcomes:** Reduce isolation, reduce cognitive decline, reduce level of care changes
- **Group** meets twice a week but we want to expand to five days a week. We wanted to use the CPS to determine which residents should be a part of the expansion.

CPS scores and program development

- We want to expand CBC to five days a week. We wanted to use the CPS to determine which residents should be a part of the program.
- The CPS scores are a valuable score to use for program development.
 - CPS scores describes the cognitive status of an individual. It target decision making skills critical for independent living. It assigns individuals to seven easily understood categories.
 - Intact
 - Borderline intact
 - Mild impairment
 - Moderate impairment
 - Moderate/Severe impairment
 - Severe impairment
 - Very severe impairment



CPS scores

We created an excel spreadsheet with residents scores broken down into categories so that we would be able to specifically target residents we want involved in the club

- CPS score 1-2 (Borderline to moderate intact) = 2 day a week club participation
- CPS score 3 (Moderate intact)= 5 day a week participation

End result

We would like to study the CBC success by studying if the older adults involved in this group successfully aged in place and had low incidents of utilization.

